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Reasons Why You Should Attend to the Latham Family Reunions

Although connecting with family is becoming the province of Internet social media with sites like Facebook, a family reunion can be better in many ways, and there are plenty of reasons to attend the Latham Family Reunions.

- Meeting New Family
- Networking Opportunities
- Learn Family History
- Fun Getaway

Latham Family Reunion National Chapter Elections in 2013!

When the family came together in 2009 the **National Chapter** was formed as a result of an affirmative vote. Officers were elected with a **4-Year Term Limit**.

As such, all offices will become vacant as of the **July 2013** reunion. During the 2013 reunion there will be an election of officers for the **Latham Family Reunion National Chapter**. We encourage all family members to run for an office!

We Want to Hear from You!

Want to share some memories? *A Birthday, a Retirement Celebration, the Birth of a New Baby, a Graduation?* We are more than happy to post your family news on the Latham Family Reunion Web-site!

<http://www.lathamfamilyreunion.com>

Please bookmark this address. This website is a tool especially focused on our family history, activities and information. This website is open to every family member and friends of the Latham family.

The Importance of the Latham Family Reunions

Our strong roots are important, and we want to be able to leave a legacy of coming together biennially as a family for generations to come. Planning, as well as attending the family reunions would be our gift to the next generation. Get your entire family involved from the young to the old!

Five Tips for Losing Five Pounds, NOW!



- Eliminate all wheat in your diet.
- Exercise at least 40 minutes 3x per week.
- Keep a food diary. A food diary can help you get to the root of your eating.
- Find a friend and lose weight together.
- Drink water. Drinking water when you feel hungry is the key.

Congratulations to **Deshelah Latham** for her participation in the **2012 March of Dimes 2.5 Mile Run/Walk March for Babies** in Birmingham, AL on April 28, 2012. Deshleah raised money for a great cause and the Latham family. A portion of the proceeds raised were donated to the March of Dimes on behalf of the **Latham Family Reunion National Chapter**.

Congratulations!
Thank You For Your Efforts!



Latham Family Reunion Newsletter

News for the Latham Family Member and Friends

May 2012



Family

"Sons are a heritage from the Lord, children a reward from him. Like arrows in the hands of a warrior are sons born in one's youth. Blessed is the man whose quiver is full of them. They will not be put to shame when they contend with their enemies in the gate."

—Psalm 127:3-5

2013 Latham Family Reunion

The **2013 Latham Family Reunion** will be held in the **State of Virginia**. We (Milford Latham's Children) are looking forward to seeing you and to showing you a great time!

PLEASE SAVE THE DATE
July 19, 2013 thru July 21, 2013

The reunion will start on Friday afternoon, July 19th and end on Sunday morning, July 21st.

THEME:
*Honoring our HERITAGE;
While Embracing Our Future*

More information to come. Continue to check the Latham Family Reunion web-site. In the meantime, if you have any questions, please contact **Diann Latham** at (757) 874-4708 or (757) 817-7168 or **Patricia Latham-Jackson** at (301) 448-9237

THE NATIONAL CHAPTER OFFICERS extend an invitation to all family members and friends wanting to participate in the planning of future reunions making each one another memorable event. We would love to have your talents and/or resources! Please contact us at: info@lathamfamilyreunion.com



LATHAM FAMILY QUOTE

Hatred paralyzes life;
love releases it. Hatred
confuses life; love
harmonizes it. Hatred
darkens life; love illuminates it.

—Martin Luther King, Jr.

Contact Us

Latham Family Reunion Website

Web-site: <http://www.lathamfamilyreunion.com>
Email: info@lathamfamilyreunion.com

National Chapter Officers

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Sergeant at Arms: Tam Latham-Nathan
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Fun Facts About Virginia

Eight U.S. Presidents were born in Virginia: George Washington, Thomas Jefferson, James Madison, James Monroe, William Harrison, John Tyler, Zachary Taylor, and Woodrow Wilson.

We Want You!

As Elections Draw Near in 2013...



The **President** shall preside at all meetings; be the chief executive & enforce all rules/policies of the national chapter; & oversee all transactions of the national chapter. The **Vice-President** shall perform the duties of the President in their absence; & perform other duties as may be required. The **Secretary** shall be required to keep records of all proceedings; keep & read the minutes of membership at each meeting; call roll & keep a roster of all members; responsible for updating addresses, phone numbers & e-mail addresses; & perform other duties as may be required. The **Treasurer** shall keep records of all financial transactions of the national chapter; provide copies of the itemized statements of all financial transactions to the members at each meeting; establish an account in a recognized banking institution in the name of Latham Family Reunion with the signatures of at least three (3) family members & requiring two (2) signatures for withdrawals; shall keep an accurate account of all deposits, donations, receipts and disbursements; issue all disbursements with Latham Family Reunion checks; mail bank statements directly to the President; & perform other duties as may be required. The **Family Historian** shall provide new members with a copy of the by-laws; keep records of all past, present & future family members; be in charge of the family scrap book & pictures; be responsible for keeping the family history current; & perform other duties as may be required. The **Sergeant-at-Arms** shall maintain order during meetings & other national chapter functions; keep count of the votes.